



## 12 Universal Laws of the Universe

Law of Attraction : We understand it is like attracts like. We ask, believe, and work to receive our desires by creating Vision Boards, Affirmations, journaling, gratitude, scripting, and other effective methods.

Law of Vibration : everything vibrates; law of vibration tells us we must align our energy with what we want to attract. We do this through the power of our emotions (as a sort of barometer to tell us if we are on the right path) and our thoughts, which we can choose to redirect at any moment. Feelings and thoughts combined are powerful things.

Law of Divine Oneness : Everything is connected to everything else. What we think, say, do and believe will have a corresponding effect on others and the world around us. This is pure example of "reaping what you sow."

The Law of Action : this proves that we can not just sit on the couch and wait for things to manifest in our lives. We must take inspired action daily to get closer to our desire. One example of this is journaling. Once you make this a habit, the Universe abides.

The Law of Correspondence: states that your outer world reflects your inner world. Changing your inner world first makes all the difference. This may be detoxing from negativity, in which Soul diets are aligned with this law. Bettering your mindset and your food choices will put more smiles on your face.

The Law of Compensation : you get back what you give to others. The fun saying we see a lot, " Your vibe attracts your tribe" is 100% aligned with this law. Be generous and share abundance in its many forms with others – and abundance and prosperity will return to you. I firmly believe because of the 10/10/10 Rule.

. Doing something here makes this law successful.

The Law of Relativity : it is what it is and sometimes stuff happens in our life. It teaches us that we all go through challenges but it's what we do with these scenarios to shape us into the best version of ourselves.

The Law of Cause and Effect : KARMA, ladies ! It's real

The Law of Energy : energy is in constant motion and you have the power to change your life. If you don't like the path you are on, change it or allow it to be changed. Empower yourself and learn to go with the flow.

The Law of Polarity: all things have an opposite. Happy/sad, hot/cold, negative/positive, without one, the other wouldn't exist. We use this law to find our focus. Thoughts and ideas that are not working for your highest good can be removed by consciously directing your attention to their opposite. Feeling cold? Grab a blanket or jump up and down 20x to get warm. If you are feeling negative, reframe your story

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The Law of Rhythm: Everything goes through cycles, yet everything has a rhythm or a pattern to it. We know everything vibrates, not sporadically, but orderly. Basically, everything happens on purpose and there are no coincidences.

The Law of Gender : everything has masculine and feminine energies, yin/ yang. This is the law that states do not give up before the goal is reached.

I hope this helps you along your manifesting journey.

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